

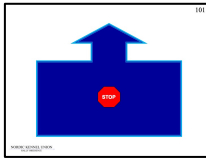
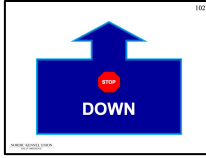
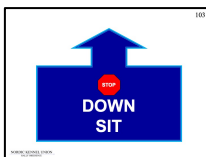



# DESCRIPTION OF THE NORDIC SIGNS


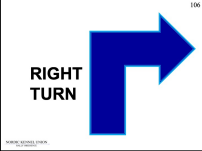
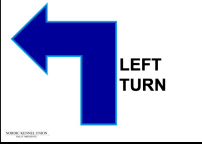
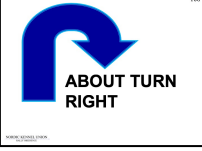

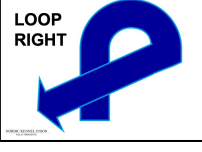


- All exercises can be performed with the dog on the left or the right side of the handler.
- Fluent exercises from 1 point signs (106-116) can be performed in slow pace or fast pace. The sign before the fluent 1 point signs decides which pace the exercise is performed in.
- All exercises in which the dog is directed to the front of the handler, end with the dog on the left as instructed in the exercise.

	<p><b>START.</b> The dog sits at the handler's left or right side. When completed, the team moves forward.</p>
	<p><b>FINISH.</b> The course is finished when the team has passed this sign. The team leaves the competition area in normal pace.</p>








## 1 POINT

	<p><b>101. STOP</b> The handler stops, and the dog sits beside the handler. When completed, the team moves forward.</p>
	<p><b>102. STOP - DOWN</b> The handler stops, and the dog sits beside the handler. The dog is directed to a down position. The dog stays down until the team moves forward.</p>
	<p><b>103. STOP - DOWN - SIT</b> The handler stops, and the dog sits beside the handler. The dog is directed to a down position, followed by a sit position. The dog remains sitting until the team moves forward.</p>
	<p><b>104. STOP - WALK AROUND</b> The handler stops, and the dog sits beside the handler. The handler walks forward around the dog, back to the side of the dog and makes a stop. The dog remains sitting until the team moves forward.</p>

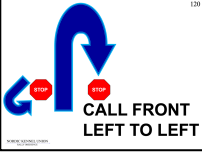

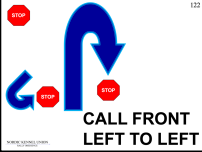

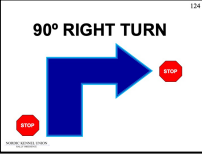
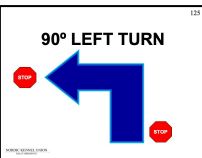

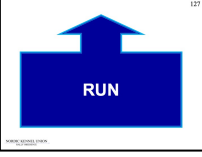
## DESCRIPTION OF THE NORDIC SIGNS

	<p><b>105. STOP – DOWN – WALK AROUND</b>          The handler stops, and the dog sits beside the handler. The dog is directed to a down position. The handler walks forward around the dog, back to the side of the dog and makes a stop. The dog stays down until the team moves forward.</p>
	<p><b>106. RIGHT TURN</b>          90° tight turn to the right.</p>
	<p><b>107. LEFT TURN</b>          90° tight turn to the left.</p>
	<p><b>108. ABOUT TURN RIGHT</b>          180° tight turn to the right.</p>
	<p><b>109. ABOUT TURN LEFT</b>          180° tight turn to the left.</p>
	<p><b>110. LOOP RIGHT</b>          The team loops right crossing the original path.</p>
	<p><b>111. LOOP LEFT</b>          The team loops left crossing the original path.</p>
	<p><b>112. 270° RIGHT</b>          270° tight turn to the right.</p>


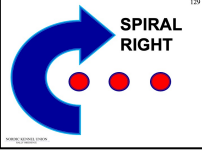
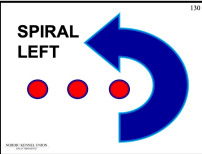
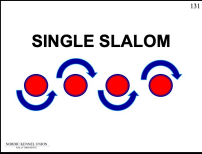
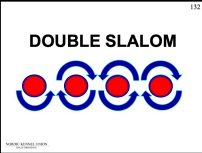
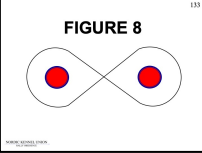
## DESCRIPTION OF THE NORDIC SIGNS

	<p><b>113. 270° LEFT</b> 270° tight turn to the left.</p>
	<p><b>114. 360° RIGHT</b> 360° tight turn to the right.</p>
	<p><b>115. 360° LEFT</b> 360° tight turn to the left.</p>
	<p><b>116. TURN AROUND DOG BEHIND</b> The handler makes an about turn to the left, while the dog turns to the right, moving around the handler and back to the heel position to continue moving with the handler in the opposite direction.</p> <p>Right handling: The handler makes an about turn to the right, while the dog turns to the left, moving around the handler and back to the heel position to continue moving with the handler in the opposite direction.</p>
	<p><b>117. CALL FRONT - STOP - RIGHT TO LEFT</b> The handler stops, and the dog is directed to sit in front of the handler. After that the dog is directed to the handler's right and behind the handler to the left side. The team then moves forward without stopping.</p>
	<p><b>118. CALL FRONT - STOP - LEFT TO LEFT</b> The handler stops, and the dog is directed to sit in front of the handler. After that the dog is directed to the handler's left side. The team then moves forward without stopping.</p>
	<p><b>119. CALL FRONT - STOP - RIGHT TO LEFT - STOP</b> The handler stops, and the dog is directed to sit in front of the handler. After that the dog is directed to the handler's right and behind the handler to the left side. The dog sits before the team moves forward.</p>

## DESCRIPTION OF THE NORDIC SIGNS



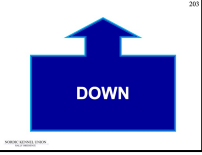




	<p><b>120. CALL FRONT – STOP - LEFT TO LEFT - STOP</b>          The handler stops, and the dog is directed to sit in front of the handler. After that the dog is directed to the handler’s left side. The dog sits before the team moves forward.</p>
	<p><b>121. STOP - CALL FRONT – STOP - RIGHT TO LEFT - STOP</b>          The handler stops, and the dog sits beside the handler. The dog is directed to sit in front of the handler. After that the dog is directed to the handler’s right and behind the handler to the left side. The dog sits before the team moves forward.</p>
	<p><b>122. STOP - CALL FRONT – STOP - LEFT TO LEFT - STOP</b>          The handler stops, and the dog sits beside the handler. The dog is directed to sit in front of the handler. After that the dog is directed to the handler’s left side. The dog sits before the team moves forward.</p>
	<p><b>123. STOP - 1 STEP , STOP - 2 STEPS, STOP - 3 STEPS, STOP</b>          The handler stops, and the dog sits beside the handler. The handler takes one step forward, stops, two steps forward, stops, three steps forward, stops. The dog moves with the handler and resumes a sit every time the handler stops.</p>
	<p><b>124. STOP - 90° RIGHT TURN - STOP</b>          The handler stops, and the dog sits beside the handler. The handler makes a 90° turn to the right on the spot and stops. The dog moves with the handler and resumes a sit when the handler stops.</p>
	<p><b>125. STOP - 90° LEFT TURN - STOP</b>          The handler stops, and the dog sits beside the handler. The handler makes a 90° turn to the left on the spot and stops. The dog moves with the handler and resumes a sit when the handler stops.</p>
	<p><b>126. SLOW PACE</b>          The team must slow down noticeably.</p>
	<p><b>127. RUN</b>          The team must speed up noticeably.</p>

# DESCRIPTION OF THE NORDIC SIGNS

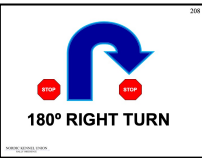

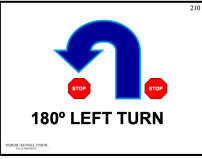
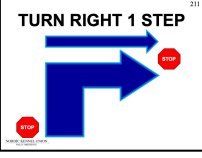
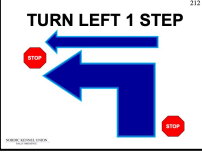
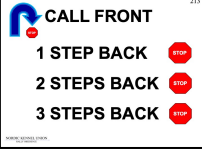
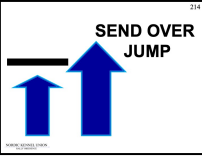
	<p><b>128. NORMAL PACE</b> The team returns to normal pace.</p>
	<p><b>129. SPIRAL RIGHT</b> Three cones are placed in a straight line with spaces between them of 1,5–2 meters. The team must turn to the right to move around each of the cones.</p>
	<p><b>130. SPIRAL LEFT</b> Three cones are placed in a straight line with spaces between them of 1,5–2 meters. The team must turn to the left to move around each of the cones.</p>
	<p><b>131. SINGLE SLALOM</b> Four cones are placed in a straight line with spaces between them of 1,5–2 meters. The team must enter the exercise with the first cone on its left. The team weaves through the four cones.</p>
	<p><b>132. DOUBLE SLALOM</b> Four cones are placed in a straight line with spaces between them of 1,5–2 meters. The team must enter the exercise with the first cone on its left. The team weaves through the four cones, loop the end cone and weaves back.</p>
	<p><b>133. FIGURE 8</b> Two cones are placed 2,5–3 meters apart. The team must enter the exercise as decided by the judge. The team performs a complete figure 8 around the cones, crossing the centre line three times.</p>

# DESCRIPTION OF THE NORDIC SIGNS

2 POINTS




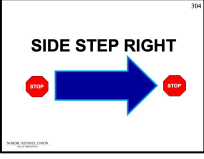
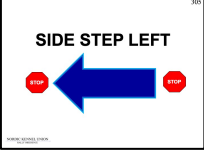
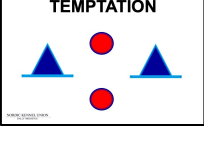

	<p><b>201. 2 x TURN AROUND DOG BEHIND</b>          The handler makes an about turn to the left, while the dog turns to the right, moving around the handler and back to the heel position. The team then takes 2–3 steps before repeating the about turn and continues in the same direction as before.</p> <p>Right handling: The handler makes an about turn to the right, while the dog turns to the left, moving around the handler and back to the heel position. The team then takes 2–3 steps before repeating the about turn and continues in the same direction as before.</p>
	<p><b>202. STOP - STAND</b>          The handler stops and the dog sits beside the handler. The dog is directed to a stand position. The dog remains standing until the team moves forward.</p>
	<p><b>203. DOWN</b>          The handler stops, and the dog lies down beside the handler. The dog stays down until the team moves forward.</p>
	<p><b>204. STOP – RUN FROM SIT</b>          The handler stops, and the dog sits beside the handler. Next the team runs forward until another sign instructs them to change their speed.</p>
	<p><b>205. STOP – TURN RIGHT 1 STEP – CALL - STOP</b>          The handler stops, and the dog sits beside the handler. The dog remains sitting while the handler takes one step to the right and stops. The step can either be taken directly or the handler can turn on the spot and take the step. The dog is then recalled to sit at the handler’s side.</p>
	<p><b>206. STOP – TURN LEFT 1 STEP – CALL - STOP</b>          The handler stops, and the dog sits. The dog remains sitting while the handler takes one step to the left and stops. The step can either be taken directly or the handler can turn on the spot and take the step. The dog is then recalled to sit at the handler’s side.</p>
	<p><b>207. STOP – 180° RIGHT TURN - FORWARD</b>          The handler stops, and the dog sits beside the handler. The team makes a 180° turn to the right on the spot and continues forward.</p>

## DESCRIPTION OF THE NORDIC SIGNS

	<p><b>208. STOP – 180° RIGHT TURN - STOP</b> The handler stops, and the dog sits beside the handler. The team makes a 180° turn to the right on the spot, stops and the dog sits.</p>
	<p><b>209. STOP – 180° LEFT TURN - FORWARD</b> The handler stops, and the dog sits beside the handler. The team makes a 180° turn to the left on the spot and continues forward.</p>
	<p><b>210. STOP - 180° LEFT TURN - STOP</b> The handler stops, and the dog sits beside the handler. The team makes a 180° turn to the left on the spot, stops and the dog sits.</p>
	<p><b>211. STOP – TURN RIGHT 1 STEP - STOP</b> The handler stops, and the dog sits beside the handler. The handler takes one step to the right and stops. The step can either be taken directly or the handler can turn on the spot and take the step. The dog moves with the handler and resumes a sit when the handler stops.</p>
	<p><b>212. STOP – TURN LEFT 1 STEP - STOP</b> The handler stops, and the dog sits beside the handler. The handler takes one step to the left and stops. The step can either be taken directly or the handler can turn on the spot and take the step. The dog moves with the handler and resumes a sit when the handler stops.</p>
	<p><b>213. CALL FRONT STOP – 1 STEP BACK STOP – 2 STEPS BACK STOP – 3 STEPS BACK STOP</b> The handler stops, and the dog is directed to sit in front of the handler. The handler takes one step backward, stops, two steps backward, stops, three steps backward and stops. The dog moves with the handler and resumes a sit in front of the handler when the handler stops. The dog is then directed to the handlers left side and the team continues forward.</p>
	<p><b>214. SEND OVER JUMP</b> The dog is sent over the jump at the earliest next to the sign that is two meters before the jump. At the same time the handler continues alongside the jump. The handler may increase the pace to catch up with the dog.</p>

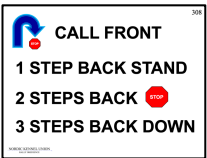
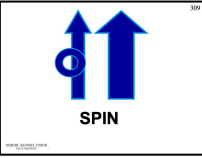
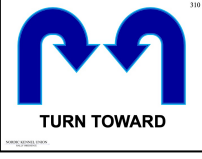
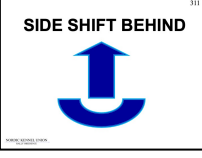
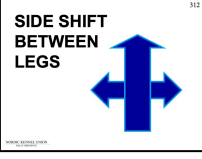
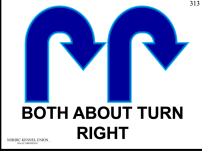
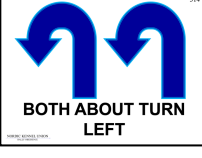
# DESCRIPTION OF THE NORDIC SIGNS

3 POINTS

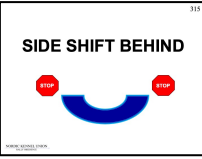
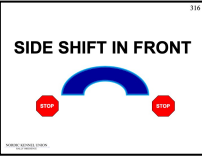





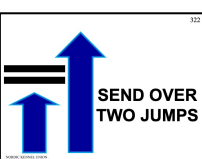
	<p><b>301. STOP – STAND - SIT</b> The handler stops, and the dog sits beside the handler. The dog is directed to a stand position, followed by a sit position. The dog remains sitting until the team moves forward.</p>
	<p><b>302. STOP – STAND - DOWN</b> The handler stops, and the dog sits beside the handler. The dog is directed to a stand position, followed by a down position. The dog stays down until the team moves forward.</p>
	<p><b>303. STOP – STAND – WALK AROUND</b> The handler stops, and the dog sits beside the handler. The dog is directed to a stand position. The handler walks forward around the dog, back to the side of the dog and makes a stop. The dog remains standing until the team moves forward.</p>
	<p><b>304. STOP – SIDE STEP RIGHT - STOP</b> The handler stops, and the dog sits beside the handler. The handler takes one step to the right and stops. The dog moves aligned with the handler and resumes a sit when the handler stops. This exercise is performed after the sign.</p>
	<p><b>305. STOP – SIDE STEP LEFT - STOP</b> The handler stops, and the dog sits beside the handler. The handler takes one step to the left and stops. The dog moves aligned with the handler and resumes a sit when the handler stops.</p>
	<p><b>306. TEMPTATION</b> Two cones are placed 2,5–3 meters apart. The team must enter the exercise as decided by the judge. The team performs a complete figure 8 around the cones, crossing the centre line three times. Toys, treats or both may be used as temptations.</p>
	<p><b>307. STOP – 1 STEP STAND – 2 STEPS STOP – 3 STEPS DOWN</b> The handler stops, and the dog sits beside the handler. The handler takes one step forward, stops, two steps forward, stops, three steps forward, stops. The dog moves with the handler and resumes a stand, sit and down position in this order when the handler stops. The dog remains down until the team moves forward.</p>



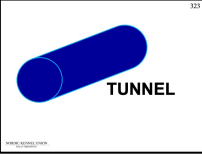
## DESCRIPTION OF THE NORDIC SIGNS

	<p><b>308. CALL FRONT STOP – 1 STEP BACK STAND – 2 STEPS BACK STOP – 3 STEPS BACK DOWN</b></p> <p>The handler stops, and the dog is directed to sit in front of the handler. The handler takes one step backward, stops, two steps backward, stops, three steps backward and stops. The dog moves with the handler and resumes a stand, sit and down position in this order in front of the handler when the handler stops. The dog is then directed to the handlers left side and the team continues forward.</p>
	<p><b>309. SPIN</b></p> <p>While the team is moving, the dog spins a circle forward and alongside the handler.</p>
	<p><b>310. TURN TOWARD</b></p> <p>While moving, the team makes a 180° tight, simultaneous turn toward each other and continue in the opposite direction. The heeling side is changed.</p>
	<p><b>311. SIDE SHIFT BEHIND</b></p> <p>While moving, the dog makes a side shift behind the handler. The heeling side is changed. The dog is not allowed to spin to make the shift.</p>
	<p><b>312. SIDE SHIFT BETWEEN LEGS</b></p> <p>While moving, the dog makes a side shift between the handler's legs. The handler may stop when the dog performs the exercise. The heeling side is changed.</p>
	<p><b>313. BOTH ABOUT TURN RIGHT</b></p> <p>While moving, the team makes a 180° tight, simultaneous turn to the right and continue in the opposite direction. The heeling side is changed.</p>
	<p><b>314. BOTH ABOUT TURN LEFT</b></p> <p>While moving, the team makes a 180° tight, simultaneous turn to the left and continue in the opposite direction. The heeling side is changed.</p>

## DESCRIPTION OF THE NORDIC SIGNS

	<p><b>315. STOP – SIDE SHIFT BEHIND - STOP</b></p> <p>The handler stops, and the dog sits beside the handler. The dog makes a side shift behind the handler and resumes a sit on the other side. When completed, the team moves forward. The heeling side is changed. The dog is not allowed to spin to make the side shift.</p>
	<p><b>316. STOP – SIDE SHIFT IN FRONT - STOP</b></p> <p>The handler stops, and the dog sits beside the handler. The dog makes a side shift in front of the handler and resumes a sit on the other side. When completed, the team moves forward. The heeling side is changed. The dog must spin to make the side shift.</p>
	<p><b>317. MOVING STAND - WALK AROUND</b></p> <p>While moving, the dog is directed to a stand and the handler, without pausing, walks forward around the dog, back to the side of the dog and stops. The dog remains standing until the team moves forward.</p>
	<p><b>318. MOVING DOWN - WALK AROUND</b></p> <p>While moving, the dog is directed to a down and the handler, without pausing, walks forward around the dog, back to the side of the dog and stops. The dog stays down until the team moves forward.</p>
	<p><b>319. MOVING DOWN - WALK FORWARD</b></p> <p>While moving, the dog is directed to a down and the handler, without pausing, walks forward to the next sign, which is “recall”.</p>
	<p><b>320. STOP – STAND – WALK FORWARD</b></p> <p>The handler stops, and the dog sits beside the handler. The dog is directed to a stand and the handler walks forward to the next sign, which is “recall”.</p>
	<p><b>321. RECALL</b></p> <p>While walking, the handler recalls the dog to heel at the same side as before. This sign is used after signs 319, 320, 406 and 407.</p>
	<p><b>322. SEND OVER TWO JUMPS</b></p> <p>The dog is sent over two jumps at the earliest next to the sign that is two meters before the jump. At the same time the handler continues alongside the jumps. The handler may increase the pace to catch up with the dog. The jumps can be in a straight line or to an angle up to 90°. The jumps must be four meters apart. After the jumps the handler directs the dog to heel.</p>

## DESCRIPTION OF THE NORDIC SIGNS



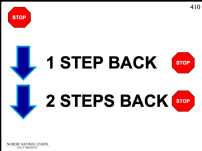

 <p>The image shows a blue 3D cylinder representing a tunnel. Below the cylinder, the word "TUNNEL" is written in black capital letters. In the top right corner of the sign's border, the number "323" is visible. In the bottom left corner, there is a small logo for the Nordic Kennel Union.</p>	<p><b>323. TUNNEL</b></p> <p>The dog is sent through the tunnel at the earliest next to the sign that is two meters before the tunnel. At the same time the handler continues alongside the tunnel. The handler may increase the pace to catch up with the dog. The tunnel can be either straight or bowed.</p>
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# DESCRIPTION OF THE NORDIC SIGNS

4 POINTS

	<p><b>401. SIDE STEP RIGHT</b> The handler takes one step to the right and the dog follows aligned with the handler. This exercise is performed after the sign.</p>
	<p><b>402. SIDE STEP LEFT</b> The handler takes one step to the left and the dog follows, aligned with the handler.</p>
	<p><b>403. TURN APART</b> While moving, the team makes a 180° tight, simultaneous turn away from each other and continue in the opposite direction. The heeling side is changed.</p>
	<p><b>404. SIDE SHIFT IN FRONT</b> While moving, the dog makes a side shift in front of the handler and resumes heel position on the other side. The dog is not allowed to spin to make the side shift.</p>
	<p><b>405. CIRCLE AROUND HANDLER</b> While the team is moving, the dog circles forward around the handler and returns to heel position.</p>
	<p><b>406. MOVING SIT - WALK FORWARD</b> While moving, the dog is directed to a sit and the handler walks forward to the next sign, which is “recall”.</p>
	<p><b>407. STOP - SEND AWAY - STAND</b> The team stops, turns toward the cone and the dog sits. The handler then sends the dog to a stand next to the cone, which is 4–5 meters away. The dog remains standing at the cone while the handler walks to the next sign, which is “recall”.</p>

## DESCRIPTION OF THE NORDIC SIGNS

	<p><b>408. CALL FRONT – STAND - BACK AWAY - STAND</b></p> <p>While moving, the dog is directed to stand in front of the handler. The dog is then directed to back away at least three doglengths from the handler to a stand. The handler walks forward and next to the dog recalls the dog to the handlers left side.</p>
	<p><b>409. BACKWARDS 3 STEPS</b></p> <p>While moving, the handler takes at least three steps back while the dog heels backward aligned with the handler. When completed, the team moves forward.</p>
	<p><b>410. STOP – 1 STEP BACK STOP – 2 STEPS BACK STOP</b></p> <p>The handler stops, and the dog sits beside the handler. The handler takes one step backward, stops, two steps backward and stops. The dog heels backward with the handler and resumes a sit when the handler stops. When completed, the team moves forward.</p>
	<p><b>411. STOP – RECALL OVER JUMP</b></p> <p>The handler stops next to the sign that is two meters before the jump and the dog sits beside the handler. The handler walks forward and recalls the dog after having passed the jump to heel at the same side as before.</p>